



The Bulldog

OMS Newsletter

April 2018

OMS Students, Families, and Staff,

OMS has been busy learning and practicing for the upcoming MAP test. The students are ready and will do their best on the test! Mr. Aulbert and Mr. Doherty have a fun MAP assembly planned for the students on April 12th. We will be going over expectations and helpful hints to be successful on the test. The "FUN" part has selected teachers being turned into human ice cream sundaes! The best part will be the students putting on the ice cream and toppings on the sundaes. The teachers will be loaded with ice cream, chocolate syrup, candy, and much more! We hope this fun assembly will help remind the students the expectations for the test and to believe in themselves. Our students are smart and hard workers at OMS. The students will get tickets to earn prizes after MAP testing. They can earn tickets by: being on time to school, working hard on the test, and having good behavior. Students will have the opportunity to win gift cards from the following places: GameStop, Target, Barnes and Noble, Sonic, Bass Pro, Sky Zone, Best Buy, Redbox, B & B Theater, and Main Event.



Thank you for all you do to support our school,

Mrs. Malizzi, OMS Principal

#teamOMS

Check out these awesome students who attended the Game Card Trading night hosted by Mrs. Lefman.

Athletics and Activities Alert:

Track season and warmer weather is finally upon us! With nearly eighty 7th & 8th grade students out for the OMS Track team, the time has come to show off the training and hard work at the meets. Open meets allow every team member a chance to participate in one or more events, while invitationals are only for the top 2-3 athletes in each event per school. Our schedule has many meets of each variety allowing all student-athletes the opportunity to compete throughout the season.

Important Dates:

April 26 -- OMS Track Invitational - 4:00 PM start

* Please check the Odessa R-VII website for full OMS sports schedules.

Mr. Doering, OMS Assistant Principal & Athletic Director



The Bulldog

Bulldog of the Month

March's theme was: **#beyourself**

Teachers choose students who are unique, brave and authentic

Students:

Ellani Evers, Ryleagh Frampton, Preston Shelton, Sam Cline, Nick Swan, Landyn Furney, and Sydney Stevens

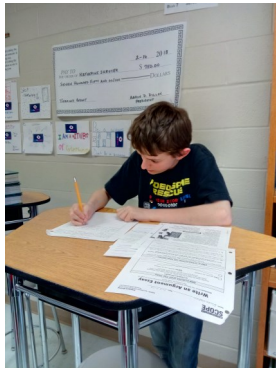
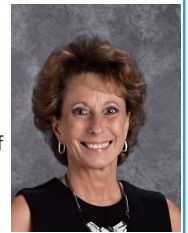


Staff Member Spotlight

Mrs. Valerie Westmoreland teaches 8th Grade Pre-Algebra. She lives in Odessa with her husband of 27 years, Donald. They have three children, Bridget French, Rebecca Westmoreland, and Matthew Flannery (deceased). She has 2 grandchildren Adelyn and Kellan French. Mrs. Westmoreland was born and grew up in Omaha Nebraska, and then moved to Los Angeles, then to Santa Barbara, and finally to Kansas City/Odessa area.

While living in Los Angeles, Mrs. Westmoreland attended an All-City track meet to compete in High Jump and she won that meet by jumping 5 feet 1 inch (she is only 5 feet tall). All of the other competitors were well over 5'6" tall. (NEVER underestimate the power of short people.)

Mrs. Westmoreland likes to do remodeling of her house with her husband. She loves getting to use the math and geometry she teaches her students to create cool stuff. If she has free time she loves to spend time with family, read and draw cartoon drawings. She has been teaching for 21 years. Mrs. Westmoreland will be retiring at the end of the school year and will be greatly missed!



Dates of Interest:

April 16th– Author Visit, Roland Smith

April 17th-27th– MAP and EOC testing (check schedule per class)

April 23rd-April 27th– Book Fair

April 27th– 7th and 8th Grade Honor Choir to Silver Dollar City

May 1st– Band Concert at 7pm

Wellness Tools

Are you taking care of yourself? Wellness tools are healthy choices that you can make that are usually simple, safe and free. What makes you feel better? What helps you when you feel stressed?

Examples of wellness tools:

Focus breathing exercise, take 5– walk away, yoga, music, reading, laugh, exercise, journaling, time with family, watch a movie, volunteer, & rest

Test your OMS Staff Knowledge!

Match the fact with the staff member. **What is your favorite food?**

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| 1. Long Life Soup with grilled dumplings | A. Mrs. Hawk |
| 2. Goober Burger | B. Mr. Doering |
| 3. King Crab Legs | C. Mrs. Griffith |
| 4. Fajitas | D. Mrs. Shepard |
| 5. Sushi | E. Mrs. Shroyer |

Students who turn in the correct answers to Mrs. Malizzi WINS a prize!